

**LANDS END TO JOHN O'GROATS
NIGEL'S SCHEDULE**

<i>Date</i>	<i>Where from/to</i>	<i>Distance (miles)</i>	<i>Ascent (feet)</i>
Saturday 10 August	Train from Shrewsbury to Penzance		
Sunday 11 August	Lands End to St Austell	60	5309
Monday 12 August	St Austell to Mortonhampstead	71	5870
Tuesday 13 August	Mortonhampstead to Wells	79	4646
	<i>7.30 Organ recital in St Cuthbert's Wells</i>		
Wednesday 14 August	Wells to Hereford	76	5648
Thursday 15 August	Hereford to Shrewsbury	68	3400
	<i>7.30 Organ recital in Shrewsbury Abbey</i>		
Friday 16 August	Shrewsbury to Leigh	71	2300
Saturday 17 August	Leigh to Kendal	70	5900
	<i>7.00 Organ recital in Kendal Parish Church</i>		
Sunday 18 August	Kendal to Gretna Green	68	5005
Monday 19 August	Gretna Green to Hamilton	76	3500
	<i>6.00 Organ recital in St Mary's Episcopal Church, Hamilton</i>		
Tuesday 20 August	Hamilton to Tyndrum	79	2307
Wednesday 21 August	Tyndrum to Fort Augustus	80	4250
Thursday 22 August	Fort Augustus to Invergordon	62	4278
Friday 23 August	Invergordon to Betty Hill	80	3314
Saturday 24 August	Betty Hill to John O'Groats; transfer to Inverness	50	2783
Sunday 25 August	Train from Inverness to Shrewsbury		
<i>TOTAL</i>		<i>990</i>	<i>58510</i>

